



Pre-K Supply List

On your first day of Pre-K you will need:

1. Lunch

- This should include a protein, fruit, vegetable (two fruits or two vegetables is also acceptable) and a grain. Milk will be provided with their meal.
- We suggest using a divided lunch container for your child's convenience, but it is not required. Please choose manageable containers such as Snapware as we will be working on each student opening their own containers/items. Here is a link to a great kid's style bento on Amazon: <https://tinyurl.com/y576cwk7>
- Potential choking foods MUST be cut into very small pieces. For example: grapes, hotdogs, olives, etc. need to be cut into quarters (not just halves!) per DHS rules. Carrots must be steamed.
- Please note that we are a NUT FREE SCHOOL. No nut or nut products are permitted. Also, the Academy follows a Kosher-style food policy, so pork and shellfish items are not allowed.
- Please limit a treat/dessert item to once a week.
- Please send their lunch in a soft lunch box with ice packs to keep them cool.
- Please provide a water bottle that can stay at school during the week that will be sent home on Fridays for a deep clean.

2. Nap Bag, which includes:

- 1 Roll-up Nap Mat is preferred: <https://wildkin.com/collections/nap-mats-1> Use the coupon code WILDKIN30 for 30% off!
- -OR- TWIN sized FITTED sheet (*not* a crib sheet, the tight fitted sheets fold the mats up on the children as they try and make them) with a blanket or cover
- One small "lovey" or soft sleep toy that comforts your child

The nap items will stay in your child's nap bag until the end of each week, when they should be taken home to be washed. Please make sure all items fit easily inside of their bag, as your child will be responsible for packing up their bedding after nap. A reusable grocery tote works well. Please label everything!

3. Seasonal extra set of clothing:

- Shirt, pants, socks, undies and shoes LABELLED in a large zip lock baggy.
- Please label the outside of the baggie with your child's name.

4. Sunscreen & Bug Spray

- Find all permission forms at <http://www.micahchildrensacademy.org/student-forms/>

Per DHS regulations, EVERY item you bring to school must be labeled with your child's name! This includes clothing, sheets, lunch boxes, nap bags, everything!